



# Learn with us

Join this practical course to improve or learn first aid skills and procedures such as bleeding, choking and resuscitation aswell as how to handle emergency situations and ways to create a safe home environment.

- Every Tuesday
- From 3rd Mar 2026
- For 5 weeks
- 1pm - 3pm
- The Edge Centre

## First Aid



To find out more, contact the team on **01325 405601** or **[l&s@darlington.gov.uk](mailto:l&s@darlington.gov.uk)**  
Visit our website at **[www.darlington.gov.uk/learningandskills](http://www.darlington.gov.uk/learningandskills)**  
or scan the QR code.



Department  
for Education



YORK  
& NORTH  
YORKSHIRE  
COMBINED AUTHORITY

TEES  
VALLEY